

THE VICTORY AC AROUND HAYLING RELAY CLOCKWISE

Leg 5 Route 2.2 miles

Junction of Bosmere Road and Sandy Point Road to Eastoke Car Park (west, opposite the Olive Leaf Pub)

Start at the junction of Bosmere Road and Sandy Point Road and run east along Sandy Point Road. Turn left into Bracklesham Road. Keep on the pavement when you cross Itchenor Road and continue on Bracklesham Road until you reach the entrance to Hayling Island Sailing Club and the RNLi Lifeboat Station.

Proceed through the entrance and go over a bridge down to a small roundabout and bear right. After about 60m there is the Lifeboat Station. Bear left to pass in front of the Lifeboat Station on the beach side. There is a new path from the front of the Life Boat station which leads you towards Sandy Point and the promenade.

Follow the path south until you can bear right up the shingle - the security fence surrounding the protected nature reserve area is on your right. Follow the fence - it turns slowly right then straightens out. The shingle path becomes the promenade.

Continue on the promenade for approximately 1.5 miles where it turns sharp right, then go up to the gate in the sea wall turn up the disable walkway into the Eastoke Car Park. Cross the new area with a telescope and seats at the far side and on to the very new yellow sand path. Run west on the new pathway, keeping parallel to the sea wall and right of the sports play area, until bearing right you arrive at the bollards and large sign post, opposite the Olive Leaf Pub.

This is the handover point.