

First	Surname	Age	Date	Race	Miles	Time	Formatted Time	Mins/mi	Age	le	Cat	Std Table	Calc Std	
Jim	Clow	61	01-Jun-11	2 Promenade 5k Race	3.107	19.44	19:44	6.21	M60	M60_8			1	M60 rec
Jim	Clow	61	31-Aug-11	5 Promenade 5k Race	3.107	20.04	20:04	6.28	M60	M60_8			1	M60 rec
Daniel	Bailey	19	04-May-11	1 Promenade 5k Race	3.107	15.55	15:55	5.07	MS	MS_8			1 PB	MS rec
Daniel	Bailey	19	01-Jun-11	2 Promenade 5k Race	3.107	16.04	16:04	5.10	MS	MS_8			1	MS rec
Daniel	Bailey	19	06-Jul-11	3 Promenade 5k Race	3.107	16.28	16:28	5.18	MS	MS_8			1	MS rec
Daniel	Bailey	19	03-Aug-11	4 Promenade 5k Race	3.107	16.34	16:34	5.20	MS	MS_8			1	MS rec
Daniel	Bailey	19	31-Aug-11	5 Promenade 5k Race	3.107	16.05	16:05	5.11	MS	MS_8			1	MS rec
John	Gallagher	70	29-Sep-11	7 Short H/C	3.65	27.53	27:53	7.38	M70	M70_1			1	M70 rec
Gina	Turner	45	28-Apr-11	2 Short H/C Race	3.65	24.50	24:50	6.48	W45	W45_1			1	W45 rec
Carol	Tolfrey	65	26-May-11	3 Short H/C Race	3.65	35.10	35:10	9.38	W65	W65_1			3	W65 rec
Jim	Clow	61	15-Jun-11	Hayling Billy 5	5	32.30	32:30	6.30	M60	M60_2			1	M60 rec
Gina	Turner	45	14-Apr-11	1 Long Handicap	7.65	54.48	54:48	7.10	W45	W45_4			1	W45 rec
Carol	Tolfrey	65	12-May-11	2 Long Handicap	7.65	78.06	1:18:06	10.13	W65	W65_4			3	W65 rec
Carol	Tolfrey	65	09-Jun-11	3 Long Handicap	7.65	77.16	1:17:16	10.06	W65	W65_4			3	W65 rec
Carol	Tolfrey	66	08-Sep-11	6 Long Handicap	7.65	83.48	1:23:48	10.57	W65	W65_4			4	W65 rec
John	Gallagher	70	27-Nov-11	Hayling 10	10	82.43	1:22:43	8.16	M70	M70_5			1	M70 rec
Carol	Tolfrey	65	06-Feb-11	Ryde 10m	10	108.05	1:48:05	10.49	W65	W65_5			3	W65 rec
John	Gallagher	70	09-Oct-11	Solent Half	13.1	129.35	2:09:35	9.54	M70	M70_6			3	M70 rec
Marilyn	Crocker	63	20-Nov-11	Gosport Half	13.1	128.48	2:08:48	9.50	W60	W60_6			3	W60 rec
Jim	Clow	61	20-Feb-11	Bramley 20m	20	148.07	2:28:07	7.24	M60	M60_9			1 PB	M60 rec
Chris	Riddington	39	20-Feb-11	Bramley 20m	20	152.44	2:32:44	7.38	W35	W35_9			3 PB	W35 rec
Belinda	Harding	51	20-Feb-11	Bramley 20m	20	168.08	2:48:08	8.24	W50	W50_9			2 PB	W50 rec
Jim	Clow	61	25-Sep-11	New Forest Marathon	26.2	210.13	3:30:13	8.01	M60	M60_7			2 PB	M60 rec
Chris	Riddington	39	17-Apr-11	London Marathon	26.2	213.42	3:33:42	8.09	W35	W35_7			3	W35 rec

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#N/A	#N/A
Bramley 20m	20 February 2011
Hayling 10	#####
Gosport Half	#####
#N/A	#N/A
#N/A	#N/A
#N/A	#N/A
7 Short H/C	#####
2 Short H/C Race	28 April 2011
Ryde 10m	06 February 2011
1 Long Handicap	14 April 2011
Bramley 20m	20 February 2011
Solent Half	09 October 2011
Hayling Billy 5	15 June 2011
New Forest Marathon	#####
#N/A	#N/A
1 Promenade 5k Race	04 May 2011
London Marathon	17 April 2011