

First	Surname	Age	Date	Race	Miles	Time	Formatted Time	Mins/m	Age	Cat	Std Table	Calc Std	
Paul	Mitchinson	36	10-May-16	Gosport 5k Summer Series	3.107	16:39	16:39	5.22	M35	M35_8		1	PB
David	Howard	45	27-Apr-16	Race 1-Lakeside 5k	3.107	17:22	17:22	5.35	M45	M45_8		1	PB
Matt	Healy	16	22-Oct-16	Great South 5k	3.107	17:35	17:35	5.40	MS	MS_8		2	PB
Mike	Grigg	70	13-Jul-16	Gosport 5k Summer Series	3.107	24:05	24:05	7.45	M70	M70_8		1	PB
Lee	Duxbury	27	14-May-16	Clanfield Challenge 5k	3.107	34:18	34:18	11.02	MS	MS_8			PB
Sara	Heath	38	22-Oct-16	Great South 5k	3.107	37:30	37:30	12.04	W35	W35_8			PB
Mandy	Coles	59	14-May-16	Clanfield Challenge 5k	3.107	38:09	38:09	12.17	W55	W55_8			PB
Dee	Sims	53	14-May-16	Clanfield Challenge 5k	3.107	38:16	38:16	12.19	W50	W50_8			PB
Tracy	Long	50	14-May-16	Clanfield Challenge 5k	3.107	38:18	38:18	12.20	W50	W50_8			PB
Mary	Short	55	14-May-16	Clanfield Challenge 5k	3.107	42:17	42:17	13.37	W55	W55_8			PB
Hazel	Jenkinson	56	14-May-16	Clanfield Challenge 5k	3.107	42:32	42:32	13.41	W55	W55_8			PB
Cathy	Beresford	50	14-May-16	Clanfield Challenge 5k	3.107	46:20	46:20	14.55	W50	W50_8			PB
Amy	Duxbury	25	14-May-16	Clanfield Challenge 5k	3.107	46:20	46:20	14.55	WS	WS_8			PB
Caroline	Newman	56	14-May-16	Clanfield Challenge 5k	3.107	49:08	49:08	15.49	W55	W55_8			PB
Zakaria	Lahlal	21	29-Sep-16	7-Short H/C	3.65	18:26	18:26	5.03	MS	MS_1		1	PB
Matt	Healy	16	28-Jul-16	5-Short H/C	3.65	21:18	21:18	5.50	MS	MS_1		2	PB
Kevin	Giles	55	28-Apr-16	2-Short H/C	3.65	23:42	23:42	6.30	M55	M55_1		1	PB
Darren	Knight	37	28-Jul-16	5-Short H/C	3.65	23:44	23:44	6.30	M35	M35_1		3	PB
Tim	Cooper	48	31-Mar-16	1-Short H/C	3.65	25:02	25:02	6.52	M45	M45_1		3	PB
Paul	Spooner	47	28-Jul-16	5-Short H/C	3.65	25:27	25:27	6.58	M45	M45_1		3	PB
John	Marengi	53	28-Jul-16	5-Short H/C	3.65	25:37	25:37	7.01	M50	M50_1		3	PB
Colin	Robson	49	30-Jun-16	4-Short H/C	3.65	25:38	25:38	7.01	M45	M45_1		3	PB
Helen	Boiling	47	28-Jul-16	5-Short H/C	3.65	28:00	28:00	7.40	W45	W45_1		3	PB
Matt	Walker	38	29-Sep-16	7-Short H/C	3.65	28:07	28:07	7.42	M35	M35_1		5	PB
Ali	McNiff	62	28-Jul-16	5-Short H/C	3.65	28:35	28:35	7.50	M60	M60_1		3	PB
Jason	Horton	45	28-Apr-16	2-Short H/C	3.65	31:56	31:56	8.45	M45	M45_1		5	PB
Chris	Turner	61	28-Jul-16	5-Short H/C	3.65	32:49	32:49	8.59	W60	W60_1		3	PB
Julie	Hopes	48	26-May-16	3-Short H/C	3.65	33:28	33:28	9.10	W45	W45_1		5	PB
Victoria	Oiller	39	28-Apr-16	2-Short H/C	3.65	33:46	33:46	9.15	W35	W35_1			PB
Mandy	Boyd	57	30-Jun-16	4-Short H/C	3.65	33:55	33:55	9.18	W55	W55_1		4	PB
Rebecca	Ralf	31	28-Apr-16	2-Short H/C	3.65	34:48	34:48	9.32	WS	WS_1			PB
Sam	Howard	37	25-Aug-16	6-Short H/C	3.65	35:01	35:01	9.36	W35	W35_1			PB
Raman	Sangha	64	29-Sep-16	7-Short H/C	3.65	35:14	35:14	9.39	W60	W60_1		3	PB
Amber	Ankinson	35	29-Sep-16	7-Short H/C	3.65	35:49	35:49	9.49	W35	W35_1			PB
Mike	Boyd	60	28-Jul-16	5-Short H/C	3.65	36:22	36:22	9.58	M60	M60_1		5	PB
Rachel	Duffy	44	30-Jun-16	4-Short H/C	3.65	37:25	37:25	10.15	W40	W40_1			PB
Lisa	Emson	40	29-Sep-16	7-Short H/C	3.65	37:28	37:28	10.16	W40	W40_1			PB
Neil	Blanchard	45	29-Sep-16	7-Short H/C	3.65	38:25	38:25	10.32	M45	M45_1			PB
Mandy	Coles	59	30-Jun-16	4-Short H/C	3.65	38:56	38:56	10.40	W55	W55_1		5	PB
Dee	Sims	53	29-Sep-16	7-Short H/C	3.65	39:42	39:42	10.53	W50	W50_1			PB
Amanda	Rudkin	56	28-Jul-16	5-Short H/C	3.65	41:55	41:55	11.29	W55	W55_1			PB
Sue	Gover	53	28-Apr-16	2-Short H/C	3.65	44:11	44:11	12.06	W50	W50_1			PB
Hazel	Jenkinson	56	29-Sep-16	7-Short H/C	3.65	44:49	44:49	12.17	W55	W55_1			PB
Sara	Heath	38	29-Sep-16	7-Short H/C	3.65	45:04	45:04	12.21	W35	W35_1			PB

Lynette	Meredith	62	25-Aug-16	6-Short H/C	3.65	46.09	46:09	12.39	W60	W60_1		PB
Debbie	Clarke	52	28-Jul-16	5-Short H/C	3.65	52.04	52:04	14.16	W50	W50_1		PB
Paul	Mitchinson	37	04-Dec-16	Victory 5m	5	27.12	27:12	5.26	M35	M35_2	1	PB
Zakaria	Lahlal	21	04-Sep-16	Overton 5m	5	27.24	27:24	5.29	MS	MS_2	1	PB
Matt	Healy	16	04-Dec-16	Victory 5m	5	29.54	29:54	5.59	MS	MS_2	2	PB
Darren	Knight	37	04-Dec-16	Victory 5m	5	32.45	32:45	6.33	M35	M35_2	3	PB
Chris	Lowder	41	04-Dec-16	Victory 5m	5	34.06	34:06	6.49	M40	M40_2	3	PB
John	Marengi	53	04-Sep-16	Overton 5m	5	35.46	35:46	7.09	M50	M50_2	3	PB
Laura	Allen	35	15-Jun-16	Hayling Billy 5m	5	35.56	35:56	7.11	W35	W35_2	3	PB
Helen	Boiling	47	04-Dec-16	Victory 5m	5	38.48	38:48	7.46	W45	W45_2	3	PB
Ali	McNiff	62	15-Jun-16	Hayling Billy 5m	5	40.00	40:00	8.00	M60	M60_2	3	PB
Gary	Heather	53	04-Dec-16	Victory 5m	5	40.18	40:18	8.04	M50	M50_2	4	PB
Lisa	Slight	44	04-Dec-16	Victory 5m	5	42.22	42:22	8.28	W40	W40_2	4	PB
Rachel	Jarvis	60	15-Jun-16	Hayling Billy 5m	5	44.10	44:10	8.50	W60	W60_2	2	PB
Jenny	Lown	37	15-Jun-16	Hayling Billy 5m	5	44.11	44:11	8.50	W35	W35_2	5	PB
Jess	Wright	36	15-Jun-16	Hayling Billy 5m	5	44.27	44:27	8.53	W35	W35_2	5	PB
Allison	Lowder	39	15-Jun-16	Hayling Billy 5m	5	45.01	45:01	9.00	W35	W35_2	5	PB
Mandy	Boyd	57	15-Jun-16	Hayling Billy 5m	5	46.33	46:33	9.19	W55	W55_2	4	PB
Jason	Horton	45	15-Jun-16	Hayling Billy 5m	5	46.42	46:42	9.20	M45	M45_2		PB
Lindsay	Cooter	53	04-Dec-16	Victory 5m	5	47.01	47:01	9.24	W50	W50_2	4	PB
Chris	Turner	61	29-May-16	Purbrook Ladies 5m	5	47.02	47:02	9.24	W60	W60_2	3	PB
Laura	Duff	36	15-Jun-16	Hayling Billy 5m	5	48.05	48:05	9.37	W35	W35_2		PB
Anne	Carvalho	50	29-May-16	Purbrook Ladies 5m	5	48.53	48:53	9.47	W50	W50_2	5	PB
Lucy	Cowlin	44	29-May-16	Purbrook Ladies 5m	5	50.24	50:24	10.05	W40	W40_2		PB
Mike	Boyd	60	15-Jun-16	Hayling Billy 5m	5	50.31	50:31	10.06	M60	M60_2		PB
Janet	Durham	54	15-Jun-16	Hayling Billy 5m	5	50.33	50:33	10.07	W50	W50_2	5	PB
Lynette	Meredith	62	15-Jun-16	Hayling Billy 5m	5	50.46	50:46	10.09	W60	W60_2	4	PB
Bridget	Main	49	15-Jun-16	Hayling Billy 5m	5	50.48	50:48	10.10	W45	W45_2		PB
Raman	Sangha	64	15-Jun-16	Hayling Billy 5m	5	51.02	51:02	10.12	W60	W60_2	4	PB
Neil	Blanchard	45	04-Dec-16	Victory 5m	5	51.35	51:35	10.19	M45	M45_2		PB
Lucy	Galloway	36	15-Jun-16	Hayling Billy 5m	5	53.04	53:04	10.37	W35	W35_2		PB
Dee	Sims	53	04-Dec-16	Victory 5m	5	53.18	53:18	10.40	W50	W50_2		PB
Cathy	Beresford	50	15-Jun-16	Hayling Billy 5m	5	53.34	53:34	10.43	W50	W50_2		PB
Mandy	Coles	59	15-Jun-16	Hayling Billy 5m	5	55.10	55:10	11.02	W55	W55_2	5	PB
Amber	Ankinson	35	15-Jun-16	Hayling Billy 5m	5	55.22	55:22	11.04	W35	W35_2		PB
Debbie	Clarke	53	04-Dec-16	Victory 5m	5	57.19	57:19	11.28	W50	W50_2		PB
Hazel	Jenkinson	56	04-Dec-16	Victory 5m	5	61.05	1:01:05	12.13	W55	W55_2		PB
Sara	Heath	38	04-Dec-16	Victory 5m	5	62.12	1:02:12	12.26	W35	W35_2		PB
Sue	Gover	53	04-Dec-16	Victory 5m	5	64.09	1:04:09	12.50	W50	W50_2		PB
Charlotte	Burley	35	15-Jun-16	Hayling Billy 5m	5	65.13	1:05:13	13.03	W35	W35_2		PB
Jenny	Hey	31	15-Jun-16	Hayling Billy 5m	5	65.13	1:05:13	13.03	WS	WS_2		PB
Amy	Duxbury	25	15-Jun-16	Hayling Billy 5m	5	68.15	1:08:15	13.39	WS	WS_2		PB
Joanne	Lea	42	15-Jun-16	Hayling Billy 5m	5	73.11	1:13:11	14.38	W40	W40_2		PB
Paul	Mitchinson	36	20-Mar-16	Eastleigh 10k	6.214	34.41	34:41	5.35	M35	M35_3	1	PB
Andrew	Frayling	41	20-Mar-16	Eastleigh 10k	6.214	37.33	37:33	6.03	M40	M40_3	1	PB
Matt	Healy	15	15-May-16	Netley 10k	6.214	39.34	39:34	6.22	MS	MS_3	3	PB

Simon	Oakley	36	17-Jan-16	Stubbington 10k	6.214	42.35	42:35	6.51	M35	M35_3	3	PB
Michelle	Cartwright	37	17-Jan-16	Stubbington 10k	6.214	43.26	43:26	6.59	W35	W35_3	2	PB
Tim	Cooper	47	17-Jan-16	Stubbington 10k	6.214	44.25	44:25	7.09	M45	M45_3	3	PB
Terry	Healy	61	15-May-16	Netley 10k	6.214	45.28	45:28	7.19	M60	M60_3	2	PB
Eddie	Hansell	43	20-Mar-16	Eastleigh 10k	6.214	46.43	46:43	7.31	M40	M40_3	4	PB
John	Marengi	53	16-Oct-16	Denmead 10k	6.214	47.10	47:10	7.35	M50	M50_3	3	PB
Helen	Boiling	46	20-Mar-16	Eastleigh 10k	6.214	47.15	47:15	7.36	W45	W45_3	2	PB
Emerson	Potter	41	06-Mar-16	Selsey 10k	6.214	48.44	48:44	7.51	M40	M40_3	4	PB
Sophie	Needham	30	17-Jan-16	Stubbington 10k	6.214	48.47	48:47	7.51	WS	WS_3	4	PB
Darren	Munday	44	16-Oct-16	Denmead 10k	6.214	49.20	49:20	7.56	M40	M40_3	5	PB
Ali	McNiff	62	10-Jun-16	Poole 10k	6.214	52.06	52:06	8.23	M60	M60_3	3	PB
Mark	Cooter	54	07-Feb-16	Chichester 10k	6.214	52.17	52:17	8.25	M50	M50_3	4	PB
Katie	Pugh	24	06-Mar-16	Selsey 10k	6.214	54.26	54:26	8.46	WS	WS_3	5	PB
Lisa	Slight	43	17-Jan-16	Stubbington 10k	6.214	55.16	55:16	8.54	W40	W40_3	4	PB
Paul	Bould	64	07-Feb-16	Chichester 10k	6.214	56.00	56:00	9.01	M60	M60_3	4	PB
Claire	Shardlow	27	17-Jan-16	Stubbington 10k	6.214	56.35	56:35	9.06	WS	WS_3		PB
Graham	Rutland	66	17-Jan-16	Stubbington 10k	6.214	57.02	57:02	9.11	M65	M65_3	4	PB
Clariece	Warrior	35	17-Jan-16	Stubbington 10k	6.214	57.07	57:07	9.11	W35	W35_3	5	PB
Chris	Turner	61	18-Sep-16	Hursley 10k	6.214	58.44	58:44	9.27	W60	W60_3	3	PB
Amanda	Wells	50	06-Mar-16	Selsey 10k	6.214	59.03	59:03	9.30	W50	W50_3	4	PB
Debbie	Pugh	51	06-Mar-16	Selsey 10k	6.214	59.15	59:15	9.32	W50	W50_3	4	PB
Lucy	Cowlin	43	06-Mar-16	Selsey 10k	6.214	60.46	1:00:46	9.47	W40	W40_3		PB
Lindsay	Cooter	53	17-Jan-16	Stubbington 10k	6.214	61.46	1:01:46	9.56	W50	W50_3	5	PB
Chris	Needham	54	17-Jan-16	Stubbington 10k	6.214	61.55	1:01:55	9.58	M50	M50_3		PB
Rebecca	Ralf	32	05-Jun-16	D-Day 10k	6.214	62.19	1:02:19	10.02	WS	WS_3		PB
Janet	Durham	54	06-Mar-16	Selsey 10k	6.214	63.56	1:03:56	10.17	W50	W50_3	5	PB
Darin	McCloud	51	15-May-16	Bognor Prom 10k	6.214	64.34	1:04:34	10.23	M50	M50_3		PB
Raman	Sangha	64	18-Sep-16	Hursley 10k	6.214	64.40	1:04:40	10.24	W60	W60_3	4	PB
Amber	Ankinson	35	16-Oct-16	Denmead 10k	6.214	69.50	1:09:50	11.14	W35	W35_3		PB
Neil	Blanchard	45	16-Oct-16	Denmead 10k	6.214	71.03	1:11:03	11.26	M45	M45_3		PB
Joanne	Lea	42	17-Jan-16	Stubbington 10k	6.214	79.43	1:19:43	12.50	W40	W40_3		PB
Hazel	Jenkinson	56	17-Jan-16	Stubbington 10k	6.214	79.44	1:19:44	12.50	W55	W55_3		PB
Sue	Gover	53	28-Aug-16	Arundel 10k	6.214	86.33	1:26:33	13.56	W50	W50_3		PB
Paul	Spooner	47	08-Sep-16	6-Long H/C	7.65	57.38	57:38	7.32	M45	M45_4	3	PB
Damian	Hamilton	54	14-Apr-16	1-Long H/C	7.65	59.16	59:16	7.45	M50	M50_4	3	PB
Terry	Healy	61	12-May-16	2-Long H/C	7.65	59.37	59:37	7.48	M60	M60_4	2	PB
Will	Hahn-Griffiths	45	09-Jun-16	3-Long H/C	7.65	62.10	1:02:10	8.08	M45	M45_4	4	PB
Bart	Pirie	18	14-Apr-16	1-Long H/C	7.65	64.18	1:04:18	8.24	MS	MS_4		PB
Helen	Whiting	32	08-Sep-16	6-Long H/C	7.65	65.16	1:05:16	8.32	WS	WS_4	5	PB
Helen	Boiling	46	14-Apr-16	1-Long H/C	7.65	65.53	1:05:53	8.37	W45	W45_4	4	PB
Martin	Foster	36	14-Apr-16	1-Long H/C	7.65	66.19	1:06:19	8.40	M35	M35_4		PB
Ali	McNiff	62	09-Jun-16	3-Long H/C	7.65	66.37	1:06:37	8.42	M60	M60_4	4	PB
John	Marengi	53	11-Aug-16	5-Long H/C	7.65	67.54	1:07:54	8.53	M50	M50_4	5	PB
Matt	Walker	38	08-Sep-16	6-Long H/C	7.65	68.14	1:08:14	8.55	M35	M35_4		PB
Jason	Horton	45	14-Apr-16	1-Long H/C	7.65	68.35	1:08:35	8.58	M45	M45_4	5	PB
Callum	Cairns	21	11-Aug-16	5-Long H/C	7.65	70.28	1:10:28	9.13	MS	MS_4		PB

Jenny	Lown	37	09-Jun-16	3-Long H/C	7.65	70.44	1:10:44	9.15	W35	W35_4	5	PB
Fran	Muir	30	14-Apr-16	1-Long H/C	7.65	72.11	1:12:11	9.26	WS	WS_4		PB
Rebecca	Ralf	32	09-Jun-16	3-Long H/C	7.65	75.08	1:15:08	9.49	WS	WS_4		PB
Chris	Turner	61	14-Apr-16	1-Long H/C	7.65	75.52	1:15:52	9.55	W60	W60_4	3	PB
Mandy	Boyd	56	14-Apr-16	1-Long H/C	7.65	76.32	1:16:32	10.00	W55	W55_4	4	PB
Rachel	Jarvis	60	14-Apr-16	1-Long H/C	7.65	78.33	1:18:33	10.16	W60	W60_4	4	PB
Raman	Sangha	64	09-Jun-16	3-Long H/C	7.65	82.12	1:22:12	10.45	W60	W60_4	4	PB
Mike	Boyd	60	11-Aug-16	5-Long H/C	7.65	82.17	1:22:17	10.45	M60	M60_4		PB
Amber	Ankinson	35	14-Jul-16	4-Long H/C	7.65	86.03	1:26:03	11.15	W35	W35_4		PB
Michelle	Ratcliff	39	14-Apr-16	1-Long H/C	7.65	86.20	1:26:20	11.17	W35	W35_4		PB
Lynette	Meredith	62	08-Sep-16	6-Long H/C	7.65	88.34	1:28:34	11.35	W60	W60_4	5	PB
Mandy	Coles	59	11-Aug-16	5-Long H/C	7.65	96.46	1:36:46	12.39	W55	W55_4		PB
Amanda	Rudkin	56	08-Sep-16	6-Long H/C	7.65	97.18	1:37:18	12.43	W55	W55_4		PB
Hazel	Jenkinson	56	08-Sep-16	6-Long H/C	7.65	101.30	1:41:30	13.16	W55	W55_4		PB
Dee	Sims	53	11-Aug-16	5-Long H/C	7.65	102.46	1:42:46	13.26	W50	W50_4		PB
Jenny	James	58	11-Aug-16	5-Long H/C	7.65	103.41	1:43:41	13.33	W55	W55_4		PB
Sue	Gover	53	11-Aug-16	5-Long H/C	7.65	110.45	1:50:45	14.29	W50	W50_4		PB
Daniel	Bailey	24	14-Mar-16	Salisbury 10m	10	54.43	54:43	5.28	MS	MS_5	1	PB
Darren	Knight	37	27-Nov-16	Hayling 10m	10	68.21	1:08:21	6.50	M35	M35_5	3	PB
Richard	Turner	51	27-Nov-16	Hayling 10m	10	71.41	1:11:41	7.10	M50	M50_5	2	PB
John	Marenghi	53	23-Oct-16	Great South 10m	10	77.05	1:17:05	7.43	M50	M50_5	3	PB
Matt	Walker	39	27-Nov-16	Hayling 10m	10	78.40	1:18:40	7.52	M35	M35_5	5	PB
Zoe	Gill	37	27-Nov-16	Hayling 10m	10	78.43	1:18:43	7.52	W35	W35_5	3	PB
Helen	Boiling	46	14-Mar-16	Salisbury 10m	10	80.30	1:20:30	8.03	W45	W45_5	3	PB
Helen	Whiting	32	23-Oct-16	Great South 10m	10	83.54	1:23:54	8.23	WS	WS_5	4	PB
Lisa	Slight	44	23-Oct-16	Great South 10m	10	88.33	1:28:33	8.51	W40	W40_5	4	PB
Simon	Cristofoli	48	23-Oct-16	Great South 10m	10	90.29	1:30:29	9.03	M45	M45_5	5	PB
Jenny	Lown	37	27-Nov-16	Hayling 10m	10	95.22	1:35:22	9.32	W35	W35_5		PB
Anne	Carvalho	50	27-Nov-16	Hayling 10m	10	95.29	1:35:29	9.33	W50	W50_5	4	PB
Clariece	Warrior	35	14-Mar-16	Salisbury 10m	10	98.43	1:38:43	9.52	W35	W35_5		PB
Katherine	House	26	23-Oct-16	Great South 10m	10	100.05	1:40:05	10.00	WS	WS_5		PB
Sam	Howard	37	23-Oct-16	Great South 10m	10	100.05	1:40:05	10.00	W35	W35_5		PB
Lindsay	Cooter	53	27-Nov-16	Hayling 10m	10	100.41	1:40:41	10.04	W50	W50_5	5	PB
Rebecca	Ralf	32	23-Oct-16	Great South 10m	10	100.48	1:40:48	10.05	WS	WS_5		PB
Grahame	Carr	43	23-Oct-16	Great South 10m	10	107.54	1:47:54	10.47	M40	M40_5		PB
Lucy	Cowlin	44	27-Nov-16	Hayling 10m	10	111.07	1:51:07	11.07	W40	W40_5		PB
Alex	Black	28	08-May-16	Alton 10m	10	115.08	1:55:08	11.31	MS	MS_5		PB
Elinor	Williams	18	23-Oct-16	Great South 10m	10	115.14	1:55:14	11.31	WS	WS_5		PB
Neil	Blanchard	45	23-Oct-16	Great South 10m	10	116.01	1:56:01	11.36	M45	M45_5		PB
Amanda	Rudkin	57	23-Oct-16	Great South 10m	10	116.43	1:56:43	11.40	W55	W55_5		PB
Dee	Sims	53	23-Oct-16	Great South 10m	10	117.56	1:57:56	11.48	W50	W50_5		PB
Lynette	Meredith	62	23-Oct-16	Great South 10m	10	118.45	1:58:45	11.53	W60	W60_5	5	PB
Clare	Carr	43	23-Oct-16	Great South 10m	10	119.17	1:59:17	11.56	W40	W40_5		PB
Charlotte	Burley	35	23-Oct-16	Great South 10m	10	153.00	2:33:00	15.18	W35	W35_5		PB
Jenny	Hey	31	23-Oct-16	Great South 10m	10	153.00	2:33:00	15.18	WS	WS_5		PB
Sue	Gover	53	23-Oct-16	Great South 10m	10	153.54	2:33:54	15.23	W50	W50_5		PB

Simon	Gill	39	20-Nov-16	Gosport Half	13.1	76.50	1:16:50	5.52	M35	M35_6	1	PB
Andrew	Frayling	42	20-Nov-16	Gosport Half	13.1	87.49	1:27:49	6.42	M40	M40_6	2	PB
Laura	Allen	36	20-Nov-16	Gosport Half	13.1	96.37	1:36:37	7.23	W35	W35_6	3	PB
Paul	Spooner	47	10-Oct-16	Solent Half	13.1	98.48	1:38:48	7.33	M45	M45_6	3	PB
Andrew	Flynn	50	20-Nov-16	Gosport Half	13.1	102.06	1:42:06	7.48	M50	M50_6	3	PB
John	Marengi	53	20-Nov-16	Gosport Half	13.1	109.06	1:49:06	8.20	M50	M50_6	4	PB
Ian	Stott	51	14-Feb-16	Portsmouth Coastal Half	13.1	111.18	1:51:18	8.30	M50	M50_6	4	PB
Martin	foster	36	03-Apr-16	Reading Half	13.1	113.10	1:53:10	8.38	M35	M35_6	5	PB
Helen	Boiling	47	20-Nov-16	Gosport Half	13.1	113.26	1:53:26	8.40	W45	W45_6	3	PB
Will	Hahn-Griffiths	45	20-Nov-16	Gosport Half	13.1	114.08	1:54:08	8.43	M45	M45_6	5	PB
Ali	McNiff	62	20-Nov-16	Gosport Half	13.1	114.08	1:54:08	8.43	M60	M60_6	3	PB
Lisa	Slight	44	20-Nov-16	Gosport Half	13.1	119.33	1:59:33	9.08	W40	W40_6	4	PB
Chris	Needham	55	10-Oct-16	Solent Half	13.1	124.09	2:04:09	9.29	M55	M55_6	5	PB
Ann	Panting	51	10-Oct-16	Solent Half	13.1	124.10	2:04:10	9.29	W50	W50_6	4	PB
Rachel	Jarvis	60	20-Nov-16	Gosport Half	13.1	127.34	2:07:34	9.44	W60	W60_6	3	PB
Jenny	Lown	37	20-Nov-16	Gosport Half	13.1	128.31	2:08:31	9.49	W35	W35_6		PB
Allison	Lowder	40	10-Oct-16	Solent Half	13.1	133.07	2:13:07	10.10	W40	W40_6		PB
Jason	Horton	45	20-Nov-16	Gosport Half	13.1	133.14	2:13:14	10.10	M45	M45_6		PB
Debbie	Pugh	51	14-Feb-16	Portsmouth Coastal Half	13.1	133.28	2:13:28	10.11	W50	W50_6	5	PB
Jess	Wright	36	14-Feb-16	Portsmouth Coastal Half	13.1	133.38	2:13:38	10.12	W35	W35_6		PB
Rebecca	Ralf	31	20-Mar-16	Hampton Court Half	13.1	135.20	2:15:20	10.20	WS	WS_6		PB
Anne	Carvalho	50	20-Nov-16	Gosport Half	13.1	139.16	2:19:16	10.38	W50	W50_6	5	PB
Raman	Sangha	64	11-Sep-16	New Forest Half	13.1	142.26	2:22:26	10.52	W60	W60_6	4	PB
Mandy	Boyd	57	11-Sep-16	New Forest Half	13.1	142.36	2:22:36	10.53	W55	W55_6	5	PB
Chris	Turner	61	11-Sep-16	New Forest Half	13.1	142.36	2:22:36	10.53	W60	W60_6	4	PB
Lucy	Cowlin	43	14-Feb-16	Portsmouth Coastal Half	13.1	148.11	2:28:11	11.19	W40	W40_6		PB
Bridget	Main	49	22-May-16	Winsor Half	13.1	154.49	2:34:49	11.49	W45	W45_6		PB
Joanne	Lea	42	14-Feb-16	Portsmouth Coastal Half	13.1	203.20	3:23:20	15.31	W40	W40_6		PB
John	Cowlin	43	13-Mar-16	Spitfire 20m	20	175.12	2:55:12	8.46	M40	M40_9	5	PB
Andrew	Frayling	42	09-Oct-16	Chicago Marathon	26.2	178.58	2:58:58	6.50	M40	M40_7	2	PB
Chris	Lowder	40	17-Apr-16	Brighton Mar	26.2	229.18	3:49:18	8.45	M40	M40_7	5	PB
Michelle	Cartwright	37	24-Apr-16	London Mar	26.2	230.00	3:50:00	8.47	W35	W35_7	4	PB
Terry	Healy	61	17-Apr-16	Brighton Mar	26.2	236.21	3:56:21	9.01	M60	M60_7	3	PB
Will	Hahn-Griffiths	45	09-Oct-16	Budapest Marathon	26.2	243.13	4:03:13	9.17	M45	M45_7	5	PB
Helen	Boiling	47	25-Sep-16	Loch Ness Marathon	26.2	263.30	4:23:30	10.03	W45	W45_7	4	PB
Steve	Cowen	28	11-Sep-16	New Forest Mar	26.2	277.00	4:37:00	10.34	MS	MS_7		PB
Colin	O'Donnell	58	18-Dec-16	Portsmouth Coastal Mar	26.2	282.50	4:42:50	10.48	M55	M55_7		PB
Rachel	Jarvis	60	25-Sep-16	Loch Ness Marathon	26.2	292.55	4:52:55	11.11	W60	W60_7	4	PB
Andrew	Wright	53	17-Apr-16	Brighton Mar	26.2	293.58	4:53:58	11.13	M50	M50_7		PB
Allison	Lowder	39	17-Apr-16	Brighton Mar	26.2	317.51	5:17:51	12.08	W35	W35_7		PB