

Selsey 10k: 15th March 2015 : Results

Position	Race No	Firstname	Lastname	Club	Club Pos	Category	Cat Pos	Time	Chip Time
1	91	James	Baker	Chichester Runners & AC	1	Senior Male	1	00:33:18	00:33:17
2	413	Chris	Bird	Chichester Runners & AC	2	Senior Male	2	00:35:14	00:35:13
3	341	Richard	Murphy	Denmead Striders	1	Senior Male	3	00:35:42	00:35:41
4	336	Paul	Heath	Chichester Westgate Triathlon Club	1	Senior Male	4	00:35:48	
5	57	Zack	Lahlal	Victory AC	1	Junior Male	1	00:37:55	00:37:54
6	306	Steve	Wigmore	Horsham Joggers	1	Male Vet 50	1	00:37:57	00:37:55
7	353	Gary	Armstrong	Denmead Striders	2	Senior Male	5	00:38:10	00:38:08
8	225	Derry	Lozano-hoyland	SERPENTINE RC	1	Senior Male	6	00:38:20	00:38:19
9	285	Gary	Bryan	Nhrr	1	Male Vet 40	1	00:38:27	00:38:25
10	337	Clive	Patterson-lett	Tuff Fitty Tri Club	1	Male Vet 40	2	00:38:28	00:38:26
11	395	John	Brimecome	City Of Portsmouth Ac	1	Male Vet 40	3	00:38:29	00:38:28
12	299	Phil	Guest	Portsmouth Joggers Club	1	Male Vet 50	2	00:38:41	00:38:40
13	226	Mark	Parry	Crawley AC	1	Male Vet 50	3	00:38:57	00:38:55
14	426	Nick	Mahoney	Les Croupiers Running Club	1	Senior Male	7	00:39:01	00:39:00
15	41	Robert	Hanmore	UNATTACHED	1	Senior Male	8	00:39:37	00:39:35
16	345	Mikey	Neville	Chichester Runners & AC	3	Senior Male	9	00:39:46	00:39:41
17	219	Jon	Plater	UNATTACHED	2	Senior Male	10	00:39:47	00:39:46
18	286	John	Bullard	Chichester Runners & AC	4	Male Vet 40	4	00:39:48	
19	384	Robin	Charnock	Arunners RC	1	Male Vet 40	5	00:39:57	00:39:56
20	323	Jack	Reed	UNATTACHED	3	Senior Male	11	00:39:59	00:39:57
21	116	Cameron	Mclatchie	UNATTACHED	4	Senior Male	12	00:40:07	00:39:57
22	152	Richard	Oakes	Gosport Road Runners	1	Senior Male	13	00:40:19	00:40:18
23	349	Paul	Gasson	Arena 80 AC	1	Male Vet 60	1	00:40:22	00:40:21
24	98	Gary	Baynes	UNATTACHED	5	Senior Male	14	00:40:28	00:40:25

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25	20	Harry	Lown	Victory AC	2	Junior Male	2	00:40:28	00:40:27
26	78	Ben	Jarvis	Gosport Road Runners	1	Senior Male	15	00:40:29	00:40:28
27	242	Kari	Mack	Bognor Regis Tone Zone Runners	1	Female Vet 40	1	00:40:31	00:40:30
28	313	Andy	Payne	Arena 80 AC	2	Male Vet 50	4	00:40:44	00:40:42
29	339	Andrew	Mair	Bognor Regis Tone Zone Runners	2	Senior Male	16	00:40:50	00:40:49
30	254	Neil	Purvis	UNATTACHED	6	Senior Male	17	00:40:54	00:40:53
31	287	Stuart	Wilson	Chichester Westgate Triathlon Club	2	Male Vet 40	6	00:40:57	00:40:56
32	36	Reggie	Ball	City Of Portsmouth A.C	1	Male Vet 60	2	00:40:59	00:40:58
33	15	Paul	Jarvis	Bognor Regis Tone Zone Runners	3	Male Vet 50	5	00:41:27	00:41:26
34	48	David	Turner	UNATTACHED	7	Senior Male	18	00:41:31	00:41:28
35	240	Duncan	Stephenson-gill	Bognor Regis Tone Zone Runners	4	Male Vet 50	6	00:41:36	00:41:35
36	158	Ivan	Prince	UNATTACHED	8	Male Vet 40	7	00:42:03	00:42:02
37	77	John	Mckenzie	Hardley Runners	1	Male Vet 50	7	00:42:24	00:42:22
38	24	Gareth	Travis	Fareham Crusaders	1	Senior Male	19	00:42:47	00:42:46
39	199	Donna	Read	Haslemere Border AC	1	Female Vet 40	2	00:43:05	00:43:03
40	388	James	Hodge	Tuff Fitty Tri Club	2	Male Vet 40	8	00:43:14	00:43:13
41	234	Andrew	Wingham	Chichester Runners & AC	5	Male Vet 50	8	00:43:20	00:43:18
42	248	Jonathan	Chandley	Crawley AC	2	Male Vet 40	9	00:43:24	00:43:21
43	127	Heath	Lewis	HeAls	1	Male Vet 40	10	00:43:25	00:43:17
44	289	Paul	Ayre	UNATTACHED	9	Male Vet 40	11	00:43:46	00:43:38
45	249	David	Reading	Chichester Runners & AC	6	Male Vet 50	9	00:44:04	00:44:02
46	102	Matt	Wheaton	UNATTACHED	10	Senior Male	20	00:44:05	00:43:59
47	220	Jim	Clow	Victory AC	3	Male Vet 60	3	00:44:06	00:43:59
48	111	Phillip	Carr	UNATTACHED	11	Senior Male	21	00:44:09	00:44:06
49	329	Rob	Turner	UNATTACHED	12	Male Vet 40	12	00:44:12	00:44:09

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50	216	Toby	Reid	UNATTACHED	13	Senior Male	22	00:44:15	00:44:04
51	244	Philip	Liberman	Horsham Joggers	2	Male Vet 40	13	00:44:26	00:44:16
52	284	Mark	Jennings	Chichester Runners & AC	7	Senior Male	23	00:44:30	00:44:28
53	128	Gary	Griffiths	HeAls	2	Male Vet 40	14	00:44:31	00:44:24
54	351	Peter	Cross	Belgrave Harriers	1	Male Vet 50	10	00:44:36	00:44:32
55	275	James	Atkins	UNATTACHED	14	Senior Male	24	00:44:40	00:44:34
56	301	Mike	Moorcorft	Chichester Runners & AC	8	Male Vet 40	15	00:44:42	00:44:40
57	14	David	Morris	UNATTACHED	15	Male Vet 40	16	00:44:43	00:44:32
58	366	Shaun	Colenutt	UNATTACHED	16	Senior Male	25	00:44:43	00:44:24
59	343	Gareth	Wharton	UNATTACHED	17	Male Vet 40	17	00:44:46	00:44:28
60	108	Claire	Waring	Notts AC	1	Senior Female	1	00:44:55	00:44:51
61	109	Ally	Prior	The Academy Selsey	1	Senior Male	26	00:44:55	00:44:50
62	8	Matthew	Wiggs	UNATTACHED	18	Senior Male	27	00:45:00	00:44:30
63	179	Tony	Holcombe	Tone Zone Runners	1	Male Vet 50	11	00:45:01	00:44:57
64	344	Glenn	Penfold	Bognor Regis Tone Zone Runners	5	Male Vet 40	18	00:45:18	00:45:07
65	380	Richard	Stefanski	UNATTACHED	19	Male Vet 40	19	00:45:26	00:45:25
66	379	Adam	Krum	UNATTACHED	20	Senior Male	28	00:45:28	00:45:22
67	147	Ben	Brown	UNATTACHED	21	Senior Male	29	00:45:32	00:45:23
68	333	Wayne	Williams	UNATTACHED	22	Male Vet 40	20	00:45:39	00:45:35
69	106	Harry	Butler	The Academy Selsey	2	Senior Male	30	00:45:40	00:45:37
70	197	Anthony	Hancock	Tone Zone Runners	2	Male Vet 50	12	00:45:41	00:45:39
71	338	Nicole	Patterson-lett	Tuff Fitty Tri Club	3	Female Vet 40	3	00:45:46	00:45:42
72	83	Wayne	Satturley	UNATTACHED	23	Senior Male	31	00:46:15	00:45:47
73	38	Ian	Robertson	UNATTACHED	24	Male Vet 40	21	00:46:21	00:46:12
74	233	Mark	Warwick	Bognor Regis Tone Zone Runners	6	Male Vet 40	22	00:46:24	00:46:18

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75	401	Eamonn	Mcgoldrick	UNATTACHED	25	Male Vet 40	23	00:46:30	00:46:29
76	346	Ross	Shaw	UNATTACHED	26	Senior Male	32	00:46:43	00:46:34
77	367	Christopher	Lee	Horsham Blue Star Harriers	1	Male Vet 50	13	00:46:47	00:46:44
78	215	Kelly	Reid	UNATTACHED	27	Female Vet 40	4	00:46:53	00:46:42
79	314	Louise	Payne	Arena 80 AC	3	Female Vet 50	1	00:46:59	00:46:57
80	350	Mark	Payne	UNATTACHED	28	Senior Male	33	00:47:02	00:46:46
81	386	Russell	Shellard	UNATTACHED	29	Male Vet 50	14	00:47:05	00:46:53
82	321	Ben	Pickup	City Of Portsmouth A.C	2	Junior Male	3	00:47:09	00:46:57
83	82	Philip	Green	UNATTACHED	30	Senior Male	34	00:47:27	00:46:44
84	397	Dan	Cake	UNATTACHED	31	Senior Male	35	00:47:30	00:47:07
85	404	Craig	Herbert	UNATTACHED	32	Senior Male	36	00:47:32	00:47:27
86	143	Will	Christian	UNATTACHED	33	Senior Male	37	00:47:37	00:47:32
87	392	David	Knight	Chichester Runners And AC	1	Senior Male	38	00:47:41	00:47:36
88	28	Graham	Douglas	UNATTACHED	34	Male Vet 50	15	00:47:41	00:47:08
89	375	Garry	Gaskin	TONE ZONE RUNNERS	1	Male Vet 50	16	00:47:42	00:47:31
90	236	Lorraine	Treadwell	Horsham Joggers	3	Female Vet 50	2	00:47:44	00:47:36
91	316	Andrew	Harrop	Chichester Runners & AC	9	Male Vet 60	4	00:47:47	00:47:44
92	255	Mark	Edwards	Bognor Regis Tonezone Runners	1	Senior Male	39	00:47:49	00:47:48
93	16	Helen	Dean	The Academy Selsey	3	Female Vet 50	3	00:48:07	00:48:02
94	181	Andrew	Statham	Liss Runners	1	Male Vet 50	17	00:48:26	00:48:21
95	407	Darren	Hill	Portsmouth Tri	1	Male Vet 40	24	00:48:37	00:48:30
96	73	Bowden	Wheaton	UNATTACHED	35	Male Vet 40	25	00:48:48	00:48:41
97	99	Carl	Bryant	Bognor Regis Tone Zone Runners	7	Male Vet 40	26	00:48:52	00:48:40
98	178	Chris	Nightingale	UNATTACHED	36	Male Vet 50	18	00:48:57	00:48:51
99	355	Neil	Borley	UNATTACHED	37	Male Vet 40	27	00:49:03	00:48:50

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100	42	David	Pear	UNATTACHED	38	Male Vet 50	19	00:49:05	00:48:49
101	160	Mark	Formby	UNATTACHED	39	Male Vet 40	28	00:49:14	00:49:02
102	332	Sean	Scutt	UNATTACHED	40	Male Vet 40	29	00:49:26	00:49:11
103	17	Jessica	Thomson	Tone Zone Runners	3	Senior Female	2	00:49:30	00:49:19
104	118	Michael	Stead	Bognor Triathlon & Endurance Sports Club	1	Male Vet 40	30	00:49:31	00:49:23
105	352	Julian	Stopps	UNATTACHED	41	Senior Male	40	00:49:34	00:49:21
106	192	Joshua	Prudence	Unattached Harriers	1	Senior Male	41	00:49:35	00:49:06
107	135	David	Barty	Chichester Runners & AC	10	Male Vet 50	20	00:49:38	00:49:33
108	94	Richard	Acton	UNATTACHED	42	Male Vet 50	21	00:49:42	00:49:15
109	245	John	Mears	UNATTACHED	44	Senior Male	43	00:49:43	00:49:02
110	182	Darren	Savage	UNATTACHED	43	Senior Male	42	00:49:43	00:49:41
111	296	Jack	Marwood	UNATTACHED	45	Junior Male	4	00:49:46	00:49:05
112	406	Chris	Saville		1	Senior Male	44	00:49:52	00:49:42
113	365	Rory	Miles	Warwick University	1	Senior Male	45	00:49:53	00:49:38
114	13	Anthony	Whitlock	UNATTACHED	46	Male Vet 50	22	00:49:57	00:49:50
115	56	Tony	Gilmour	UNATTACHED	48	Male Vet 50	23	00:50:00	00:49:55
116	247	Nick	Taylor	UNATTACHED	47	Male Vet 40	31	00:50:00	00:49:51
117	224	William	Lloyd	UNATTACHED	49	Male Vet 40	32	00:50:05	00:49:47
118	282	Jackie	Williamson	Bognor Regis Tone Zone Runners	8	Female Vet 40	5	00:50:07	00:49:59
119	86	Samantha	Trickey	Abingdon AC	1	Senior Female	3	00:50:09	00:49:56
120	330	Richard	Cardwell	UNATTACHED	50	Senior Male	46	00:50:20	00:50:14
121	251	Michael	Fisher	UNATTACHED	51	Male Vet 40	33	00:50:24	00:50:09
122	274	Matthew	Reynolds	Bognor Regis Tone Zone Runners	9	Male Vet 40	34	00:50:29	00:50:15
123	281	Martin	Fryer	UNATTACHED	52	Male Vet 40	35	00:50:30	00:50:06
124	76	Jacob	Wheaton	UNATTACHED	53	Junior Male	5	00:50:32	00:50:25

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125	327	Suzy	North	UNATTACHED	54	Senior Female	4	00:50:37	00:50:14
126	261	Steve	Harris	UNATTACHED	55	Male Vet 50	24	00:50:45	00:50:42
127	307	Karen	Wigmore	Horsham Joggers	4	Female Vet 50	4	00:50:50	00:50:39
128	230	Paul	Washer	UNATTACHED	56	Male Vet 40	36	00:50:52	00:50:22
129	131	Wayne	Rickard	UNATTACHED	57	Male Vet 40	37	00:50:57	00:50:53
130	27	Marcus	White	Bognor Triathlon & Endurance Sports Club	2	Male Vet 50	25	00:51:02	00:50:48
131	210	David	Jordan	UNATTACHED	58	Senior Male	47	00:51:07	00:50:54
132	155	Abigail	Trickey	UNATTACHED	59	Senior Female	5	00:51:08	00:50:55
133	358	Tom	Bromfield	UNATTACHED	60	Male Vet 40	38	00:51:10	00:50:46
134	376	Brendan	Bickley	UNATTACHED	62	Senior Male	48	00:51:17	00:51:16
135	269	Bob	Smith	UNATTACHED	61	Male Vet 40	39	00:51:17	00:51:14
136	268	Mandy	Hanry	UNATTACHED	63	Female Vet 40	6	00:51:19	00:51:16
137	231	Stephen	Marsh	UNATTACHED	64	Male Vet 40	40	00:51:22	00:51:07
138	1	James	Savage	Bognor Regis Tone Zone Runners	10	Male Vet 40	41	00:51:25	00:50:52
139	373	Matthew	Court	UNATTACHED	65	Male Vet 40	42	00:51:28	00:50:54
140	191	Ben	Wood	Chichester Runners & AC	11	Senior Male	49	00:51:29	00:51:18
141	229	Sean	O'carroll	UNATTACHED	66	Male Vet 50	26	00:51:34	00:51:15
142	361	Stacey	Krum	UNATTACHED	67	Senior Female	6	00:51:36	00:51:29
143	105	Mike	Calton	The Academy Selsey	4	Senior Male	50	00:51:40	00:51:37
144	134	Susan	Barty	Chichester Runners & AC	12	Female Vet 50	5	00:51:42	00:51:37
145	354	Paul	Budd	UNATTACHED	68	Male Vet 50	27	00:51:44	00:51:00
146	200	Anthony	Salt	UNATTACHED	69	Male Vet 50	28	00:51:47	00:51:34
147	276	Andy	Eaton	Ackworth Road Runners	1	Male Vet 40	43	00:51:47	00:51:32
148	114	Stu	Gibbs	UNATTACHED	70	Male Vet 40	44	00:51:55	00:51:38
149	311	Peter	Lindley	Gosport Road Runners	2	Male Vet 70+	1	00:52:10	00:52:03

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150	193	Sarah	Haig	UNATTACHED	71	Senior Female	7	00:52:17	00:52:11
151	290	Rob	Burford	Chichester Westgate Triathlon Club	3	Male Vet 50	29	00:52:25	00:52:14
152	54	Sean	O'donnell	UNATTACHED	72	Male Vet 40	45	00:52:27	00:51:50
153	362	Penny	Barron	Horsham Joggers	5	Female Vet 50	6	00:52:32	00:52:21
154	153	Jo	Micallef	Basingstoke And Mid Hants	1	Female Vet 40	7	00:52:36	00:52:21
155	71	Craig	Bailey	UNATTACHED	73	Senior Male	51	00:52:38	00:52:12
156	45	Jan	West	Chichester Westgate Triathlon Club	1	Male Vet 50	30	00:52:41	00:52:16
157	374	Mark	Temple	UNATTACHED	75	Senior Male	53	00:52:44	00:52:43
158	260	Paul	Madeley	UNATTACHED	74	Senior Male	52	00:52:44	00:52:20
159	66	Michelle	Crowley	UNATTACHED	77	Female Vet 40	8	00:52:57	00:52:42
160	383	Regiane	Ferrarezi	UNATTACHED	76	Senior Female	8	00:52:57	00:52:56
161	141	Conor	Dolan	UNATTACHED	78	Male Vet 40	46	00:52:58	00:52:48
162	2	Graham	Woodison	UNATTACHED	79	Male Vet 60	5	00:53:00	00:52:59
163	303	Tim	Ransom	UNATTACHED	80	Male Vet 50	31	00:53:01	00:52:37
164	144	Denise	Moznabi	Bognor Regis Tone Zone Runners	11	Male Vet 50	32	00:53:07	00:52:34
165	312	Nigel	Box	UNATTACHED	81	Male Vet 60	6	00:53:12	00:52:54
166	26	Geoff	Collins	Hedge End Running Club	1	Male Vet 50	33	00:53:18	00:52:56
167	347	Gayleen	Scott	Arunners RC	2	Female Vet 60	1	00:53:20	00:53:12
168	412	Chris	Bird	Chichester Runners	1	Senior Male	54	00:53:20	00:53:11
169	324	David	McClellan	UNATTACHED	82	Male Vet 40	47	00:53:24	00:52:58
170	414	William	Braun		2	Senior Female	9	00:53:31	00:53:11
171	125	Colin	Ireland	UNATTACHED	83	Male Vet 50	34	00:53:33	00:53:25
172	265	Mark	Middleton	Chichester Runners & AC	13	Male Vet 40	48	00:53:35	00:53:31
173	165	Vicki	Young	UNATTACHED	84	Female Vet 40	9	00:53:40	00:53:30
174	5	Frank	Corby	UNATTACHED	85	Male Vet 50	35	00:53:41	00:53:25

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175	207	John	Gallagher	Victory AC	4	Male Vet 70+	2	00:53:45	00:53:27
176	115	Jack	Donovan	UNATTACHED	86	Senior Male	55	00:53:48	00:53:28
177	53	Paul	Wainwright	UNATTACHED	87	Male Vet 40	49	00:53:50	00:53:26
178	206	Simon	Webb		3	Male Vet 40	50	00:53:53	00:53:24
179	252	Cheryl	Laing	Bognor Regis Tone Zone Runners	12	Female Vet 40	10	00:53:55	00:53:43
180	359	Michelle	Warner	UNATTACHED	88	Senior Female	10	00:53:57	00:53:49
181	325	Catherine	Gower	UNATTACHED	89	Female Vet 40	11	00:54:07	00:53:48
182	100	Alison	Stead	Bognor Regis Tone Zone Runners	13	Female Vet 40	12	00:54:11	00:53:59
183	35	Dawn	Haynes-sewell	STOBBINGTON GREEN RUNNERS AND AC	1	Female Vet 40	13	00:54:18	00:54:10
184	348	Robert	Ingram	Arunners RC	3	Male Vet 50	36	00:54:23	00:54:14
185	372	Georgina	Massingale	Gosport Road Runners	3	Female Vet 40	14	00:54:26	00:54:18
186	183	Lynette	Woodward	Chichester Runners & AC	14	Senior Female	11	00:54:29	00:54:17
187	75	Alice	Wheaton	UNATTACHED	90	Junior Female	1	00:54:32	00:54:25
188	174	Graham	Robinson	UNATTACHED	91	Senior Male	56	00:54:40	00:54:12
189	326	Hayley	Rustell	UNATTACHED	92	Female Vet 40	15	00:54:40	00:54:21
190	360	Gemma	Krum	UNATTACHED	93	Senior Female	12	00:54:41	00:54:34
191	40	Robert	Archer	UNATTACHED	94	Male Vet 60	7	00:54:44	00:54:24
192	425	Brian	Rees	Portsmouth Joggers	1	Male Vet 60	8	00:54:52	00:54:17
193	196	John	Hilton	UNATTACHED	95	Male Vet 40	51	00:54:55	00:54:26
194	239	Janis	White	Portsmouth Triathletes	1	Female Vet 50	7	00:54:59	00:54:53
195	161	Wendy	Whelan	Arunners RC	4	Female Vet 60	2	00:55:01	00:54:54
196	12	Dave	Robbins	UNATTACHED	96	Male Vet 50	37	00:55:02	00:54:50
197	18	Stuart	Thomson	TONE ZONE RUNNERS	2	Male Vet 50	38	00:55:06	00:54:54
198	172	Christine	Gillott	UNATTACHED	97	Female Vet 40	16	00:55:09	00:54:48
199	157	Ben	Bowers	UNATTACHED	98	Senior Male	57	00:55:15	00:54:53



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200	381	Ben	Cooke	None	1	Senior Male	58	00:55:19	00:54:51
201	243	Rebecca	Jones	Plumstead Runners	1	Senior Female	13	00:55:20	00:54:57
202	394	Steph	Jones	UNATTACHED	99	Senior Female	14	00:55:26	00:55:18
203	308	Terry	Newman	Alton Runners	1	Male Vet 60	9	00:55:26	00:55:10
204	408	Rory	Fall	Gospport Road Runners	4	Male Vet 50	39	00:55:27	00:54:46
205	378	Vivienne	Underhill	Horsham Joggers	6	Female Vet 50	8	00:55:27	00:55:15
206	266	Sue	Baker	Chichester Runners & AC	15	Female Vet 60	3	00:55:29	00:55:13
207	317	Darren	Gordon	UNATTACHED	100	Male Vet 40	52	00:55:33	00:55:08
208	25	Elizabeth	Farrell	Selsey Striders	1	Female Vet 60	4	00:55:34	00:55:23
209	370	Finbarr	Cotter	Horsham Joggers	7	Male Vet 60	10	00:55:38	00:55:26
210	62	Andrew	Gilmour	UNATTACHED	101	Senior Male	59	00:55:40	00:55:14
211	270	Cathy	Pittick	Fareham Crusaders	2	Female Vet 50	9	00:55:41	00:55:13
212	246	Dan	Watkins	UNATTACHED	102	Male Vet 40	53	00:55:41	00:55:31
213	163	Charlotte	Torrance	UNATTACHED	103	Senior Female	15	00:55:47	00:55:16
214	298	Edward	Mcevoy	UNATTACHED	104	Senior Male	60	00:55:48	00:55:18
215	51	Allie	Mill	UNATTACHED	105	Female Vet 40	17	00:55:52	00:55:48
216	427	Kate	Mahoney		4	Senior Female	16	00:55:53	00:55:41
217	403	Carol	Palmer	Chichester Runners AC	1	Female Vet 60	5	00:56:01	00:55:42
218	382	Paul	Stevenson	TONE ZONE RUNNERS	3	Male Vet 50	40	00:56:08	00:55:56
219	363	Mark	Smee	Horsham Joggers	8	Male Vet 50	41	00:56:22	00:56:11
220	184	Fiona	Clifton	Horsham Joggers	9	Female Vet 50	10	00:56:22	00:56:11
221	228	Laura	Petherbridge	UNATTACHED	106	Senior Female	17	00:56:29	00:56:12
222	72	Jamie	Honywood	UNATTACHED	107	Senior Male	61	00:56:38	00:56:11
223	70	Lynn	Warner	Plumstead Runners	2	Female Vet 50	11	00:56:39	00:56:16
224	21	Jenny	Lown	Victory AC	5	Senior Female	18	00:56:39	00:56:11

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225	272	Toni	Hancock	UNATTACHED	108	Senior Female	19	00:56:40	00:56:19
226	34	Jason	Parker	UNATTACHED	109	Male Vet 40	54	00:56:41	00:56:24
227	222	Chris	Armstead	UNATTACHED	110	Senior Male	62	00:56:43	00:56:13
228	279	Alexander	Sansom	UNATTACHED	111	Senior Male	63	00:56:47	00:56:26
229	4	Ashley	Pledger	UNATTACHED	112	Senior Male	64	00:56:50	00:56:33
230	7	Eric	Beck	Chichester Runners & AC	16	Male Vet 50	42	00:56:50	00:56:35
231	88	Zoe	Belcher	UNATTACHED	113	Female Vet 40	18	00:56:55	00:56:46
232	400	Mark	Cooter	Victory AC	6	Male Vet 50	43	00:56:55	00:56:32
233	85	Christopher	Longley	UNATTACHED	114	Male Vet 40	55	00:57:09	00:56:54
234	189	Simon	Thompson	Chichester Runners & AC	17	Male Vet 40	56	00:57:23	00:57:09
235	60	Carol	Gilmour	The Academy Selsey	5	Female Vet 40	19	00:57:29	00:57:11
236	390	Robert	Prudence	UNATTACHED	115	Male Vet 40	57	00:57:37	00:57:07
237	396	Marcus	Gwilliam	Tone Zone	1	Senior Male	65	00:57:42	00:57:28
238	177	Dave	Smithers	UNATTACHED	116	Male Vet 40	58	00:57:50	00:57:28
239	253	Claire	Fraher	UNATTACHED	117	Senior Female	20	00:57:54	00:57:45
240	113	Dave	Abbott	UNATTACHED	118	Senior Male	66	00:57:57	00:57:23
241	309	Eva	Mikuska	Chichester Runners & AC	18	Female Vet 40	20	00:57:59	00:57:43
242	428	Kelly	Fogden		5	Senior Female	21	00:58:00	00:57:51
243	223	Siena	Hocking	UNATTACHED	119	Junior Female	2	00:58:03	00:57:36
244	103	Ericas	Steele	UNATTACHED	120	Senior Female	22	00:58:10	00:57:46
245	411	David	Butler	Chichester Runners	2	Male Vet 50	44	00:58:17	00:58:03
246	320	Matthew	Pickup	UNATTACHED	121	Male Vet 50	45	00:58:28	00:58:03
247	291	Julie	Whitney	UNATTACHED	122	Female Vet 40	21	00:58:55	00:58:24
248	227	Victoria	Cooper	UNATTACHED	123	Senior Female	23	00:59:03	00:58:46
249	402	Victoria	Reed	UNATTACHED	124	Female Vet 40	22	00:59:08	00:58:44

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250	22	Jacqui	Salt	Bognor Regis Tone Zone Runners	14	Female Vet 40	23	00:59:10	00:58:48
251	369	Caroline	Brandsen	Horsham Joggers	10	Female Vet 60	6	00:59:18	00:59:07
252	110	Susannah	Mawson	UNATTACHED	125	Female Vet 40	24	00:59:22	00:59:02
253	398	Adrien	Burnand	UNATTACHED	126	Senior Male	67	00:59:29	00:58:50
254	377	Tina	Scutt	NONE	2	Senior Female	24	00:59:30	00:59:09
255	69	Emily	Fraser	UNATTACHED	127	Senior Female	25	00:59:32	00:59:07
256	357	Helen	Smith	Victory AC	7	Female Vet 50	12	00:59:33	00:59:15
257	154	Eric	Oldfield	UNATTACHED	128	Male Vet 50	46	00:59:36	00:59:20
258	142	James	Shannon	UNATTACHED	129	Senior Male	68	00:59:41	00:59:26
259	11	Tony	Mccarthy	UNATTACHED	130	Male Vet 40	59	00:59:51	00:59:21
260	271	Jessica	Briand	UNATTACHED	131	Senior Female	26	00:59:58	00:59:20
261	89	Nancy	Lokos	UNATTACHED	132	Female Vet 40	25	01:00:01	00:59:52
262	101	Jemma	Coates	UNATTACHED	133	Senior Female	27	01:00:05	00:59:27
263	52	Dave	Mill	UNATTACHED	134	Male Vet 50	47	01:00:07	01:00:02
264	297	Emma	Kent	UNATTACHED	135	Senior Female	28	01:00:15	00:59:36
265	195	Christine	Fenton	Plumstead Runners	3	Female Vet 60	7	01:00:17	00:59:54
266	30	Clariece	Warrior	Victory AC	8	Senior Female	29	01:00:20	01:00:19
267	31	Claire	Shardlow	Victory AC	9	Senior Female	30	01:00:20	01:00:19
268	132	Lucy	Stares	UNATTACHED	136	Senior Female	31	01:00:25	01:00:25
269	63	Pauline	Fuller	UNATTACHED	137	Female Vet 50	13	01:00:32	01:00:28
270	50	Rachel	Jones	UNATTACHED	138	Female Vet 40	26	01:00:33	01:00:29
271	264	Sadie	Middleton	Chichester Runners & AC	19	Female Vet 40	27	01:00:36	01:00:22
272	138	Richard	Littler	UNATTACHED	139	Senior Male	69	01:00:41	01:00:16
273	65	Jennifer	Howe	UNATTACHED	140	Junior Female	3	01:00:42	01:00:23
274	288	Michelle	West	UNATTACHED	141	Female Vet 40	28	01:00:51	01:00:22

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275	405	Jo	Langrish	Bognor Regis Tone Zone Runners	15	Female Vet 50	14	01:01:01	01:00:39
276	295	Kayleigh	Mills	The Academy Selsey	6	Senior Female	32	01:01:01	01:00:58
277	342	Joely	Wharton	UNATTACHED	142	Female Vet 40	29	01:01:02	01:00:44
278	315	Beverely	Bayliss	Chichester Runners & AC	20	Female Vet 40	30	01:01:10	01:00:37
279	371	Caroline	Freeman	Alton Runners	2	Female Vet 40	31	01:01:16	01:01:00
280	47	Simon	Scroggins	UNATTACHED	143	Male Vet 40	60	01:01:18	01:01:10
281	250	Bridget	Hicks	Chichester Runners & AC	21	Female Vet 50	15	01:01:19	01:01:05
282	385	Joe	Shellard	UNATTACHED	144	Senior Male	70	01:01:21	01:01:08
283	419	Steve	Oates		6	Male Vet 50	48	01:01:38	01:01:11
284	420	Hakes	Cathy		7	Senior Female	33	01:01:39	01:01:12
285	421	Deborah	Winn	Portsmouth Joggers	2	Female Vet 50	16	01:01:43	01:01:08
286	318	Carla	Wood	Chichester Runners & AC	22	Female Vet 40	32	01:01:45	01:01:26
287	93	Jackie	Shepherd	The Academy Selsey	7	Female Vet 50	17	01:01:50	01:01:33
288	283	Kelly	Parkhouse	UNATTACHED	145	Senior Female	34	01:01:59	01:01:37
289	293	Michelle	Ede	UNATTACHED	146	Senior Female	35	01:02:06	01:01:49
290	121	Jackie	Sage	UNATTACHED	148	Female Vet 40	33	01:02:12	01:01:35
291	120	Kerrie	Potts	UNATTACHED	147	Senior Female	36	01:02:12	01:01:36
292	29	Samantha	Yates	Bognor Regis Tone Zone Runners	16	Female Vet 40	34	01:02:27	01:02:05
293	387	Nick	Bailey	Denmead Striders	3	Male Vet 50	49	01:02:28	01:02:19
294	104	Kirstie	Gaughran	UNATTACHED	149	Senior Female	37	01:02:28	01:02:04
295	273	Ron	Priest	UNATTACHED	150	Male Vet 50	50	01:02:46	01:02:25
296	180	Joanne	Statham	Liss Runners	2	Female Vet 40	35	01:02:46	01:02:41
297	335	simon s	Walsh	UNATTACHED	151	Male Vet 50	51	01:02:52	01:02:51
298	389	Hayley	Chewter	Mse Fitness	1	Female Vet 50	18	01:03:16	01:02:45
299	292	Rebecca	Collins	MSE FITNESS	2	Female Vet 40	36	01:03:16	01:02:45

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300	417	Louise	Boys		8	Senior Female	39	01:03:20	01:03:14
301	304	Lauren	Woolven	UNATTACHED	152	Senior Female	38	01:03:20	01:03:13
302	416	Joseph	Mccarthy		10	Senior Male	71	01:03:20	01:03:13
303	418	Rebecca	Green		9	Senior Female	40	01:03:20	01:03:13
304	185	Damien	Coonan	UNATTACHED	153	Senior Male	72	01:03:33	01:03:05
305	44	Ian	Smith	UNATTACHED	154	Male Vet 40	61	01:03:49	01:03:21
306	173	Vikki	Fitch	UNATTACHED	155	Senior Female	41	01:03:52	01:03:24
307	310	Janet	Lindley	Gosport Road Runners	5	Female Vet 60	8	01:04:43	01:04:21
308	280	Wendy	Rees	UNATTACHED	156	Senior Female	42	01:05:04	01:04:33
309	294	Kevin	Young	UNATTACHED	157	Male Vet 40	62	01:05:19	01:04:36
310	302	Michael	Beal	UNATTACHED	158	Male Vet 60	11	01:05:23	01:04:46
311	259	Lis	Peskett	Chichester Runners & AC	23	Female Vet 40	37	01:05:29	01:05:15
312	80	Nicola	Aldridge	UNATTACHED	160	Junior Female	4	01:05:41	01:05:23
313	81	Elizabeth	Pearce	UNATTACHED	159	Senior Female	43	01:05:41	01:05:23
314	424	Albert	Shepherd	Portsmouth Joggers	3	Male Vet 60	12	01:06:05	01:05:30
315	112	Kathryn	Pillar	UNATTACHED	161	Female Vet 40	38	01:06:07	01:05:35
316	164	Liz	Squires	UNATTACHED	162	Female Vet 40	39	01:06:30	01:05:59
317	415	Phil	Pollard	Portsmouth Joggers	4	Male Vet 70+	3	01:06:51	01:06:28
318	74	Suzanne	Wheaton	UNATTACHED	163	Female Vet 40	40	01:07:29	01:07:21
319	232	Alex	Hilditch	UNATTACHED	164	Senior Male	73	01:07:37	01:07:17
320	148	Yvonne	Hawley	Victory AC	10	Female Vet 40	41	01:08:12	01:07:39
321	409	Louise	Cato		11	Senior Female	44	01:08:20	01:07:42
322	410	Lucy	Jones		12	Female Vet 40	43	01:08:21	01:07:43
323	137	Barbara	Boshier	Eastleigh Running Club	1	Female Vet 40	42	01:08:21	01:07:49
324	399	Sarah	Taylor	UNATTACHED	165	Senior Female	45	01:08:22	01:07:50

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325	136	Ian	Boshier	Eastleigh Running Club	2	Male Vet 40	63	01:08:22	01:07:49
326	126	Karen	Archer	UNATTACHED	166	Female Vet 50	19	01:08:30	01:08:02
327	107	Rob	Harker	The Academy Selsey	8	Senior Male	74	01:09:00	01:08:33
328	262	Susan	Harris	UNATTACHED	167	Female Vet 50	20	01:09:24	01:09:08
329	258	Liz	Macenri	Fareham Crusaders	3	Female Vet 50	21	01:09:33	01:09:05
330	205	Chris	Smith	Fareham Crusaders	4	Male Vet 50	52	01:09:34	01:09:06
331	61	Amy	Gilmour	UNATTACHED	168	Senior Female	46	01:09:36	01:09:10
332	59	Cheryl	Court	UNATTACHED	169	Senior Female	47	01:09:37	01:09:11
333	68	Anita	Watkins	UNATTACHED	170	Female Vet 50	22	01:10:23	01:10:03
334	58	Laura	Bagnall	Arunners RC	5	Female Vet 50	23	01:10:25	01:10:05
335	64	Victoria	Balandis	CAKE RUN Chichester Runners A/C	1	Senior Female	48	01:10:39	01:10:25
336	190	Hayley	Motton	Chichester Runners & AC	24	Senior Female	49	01:10:39	01:10:25
337	368	Elaine	Wakeham	Arunners RC	6	Female Vet 40	44	01:11:10	01:10:28
338	422	Shepherd	John	Portsmouth Joggers	6	Male Vet 60	13	01:11:53	01:11:18
339	423	Alison	Smith	Portsmouth Joggers	5	Female Vet 40	45	01:11:53	01:11:18
340	203	Paula	Sprigings	UNATTACHED	171	Female Vet 60	10	01:14:41	01:14:08
341	123	Suzanne	Gay	Selsey Striders	2	Female Vet 60	9	01:14:41	01:14:08
342	237	Neil	Tatner	UNATTACHED	172	Senior Male	75	01:14:58	01:14:38
343	10	Jo	Hughes	Horsham Joggers	11	Female Vet 40	46	01:15:19	01:14:49
344	97	Roger	Jasper	UNATTACHED	173	Male Vet 60	14	01:16:11	01:15:45
345	267	Irene	Pollard	Portsmouth Joggers	7	70+	1	01:16:28	01:16:05
346	129	Claire	Luckham	UNATTACHED	174	Female Vet 40	47	01:16:56	01:16:36
347	162	Wendy	England	UNATTACHED	175	Female Vet 40	48	01:19:15	01:18:44
348	364	Karen	Miles	Chichester Runners & AC	25	Female Vet 50	24	01:20:20	01:20:05
349	393	Toby	Miles	Seaford College	1	Junior Male	6	01:20:20	01:20:06

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350	334	Karen	Griffiths	Victory AC	11	Female Vet 40	49	01:22:18	01:21:45
351	263	Jessica	Green	UNATTACHED	176	Junior Female	5	01:23:17	
352	186	Jenni	Kenyon	Chichester Runners & AC	27	Female Vet 40	50	01:23:57	01:23:33
353	194	Sarah	Barnett	Chichester Runners & AC	26	Senior Female	50	01:23:57	01:23:34
354	96	Val	Bray	UNATTACHED	177	Female Vet 60	11	01:28:28	01:28:02
355	208	Andrea	Maynard	Portsmouth Joggers	8	Female Vet 50	25	01:38:28	01:37:50
356	499	Jo	Lea	Victory AC	12	Female Vet 40	51	01:38:29	01:37:21
357	500	Mary	Short	Victory AC	13	Female Vet 50	26	01:38:29	01:37:21